

## Nursery: Handwriting Programme of Study (*Follow the 'Print' lessons*)

### Autumn 1 - 7 weeks

#### Learning Objectives:

- To demonstrate confidence in gross and fine motor skills
- To sit correctly for handwriting and hold a pencil using a tripod grip (ongoing through stages of progress – see policy)

#### Expectation

Gradually introducing and embedding all 14 '*Animal Actions*' from *LetterJoin*.

#### Other Activities

Climbing, throwing ball, kicking ball, wall drawing, wall/floor painting, mixing, tricycles, scooters, peddle cars, dancing, trampolining, hopscotch, balloon play, bubble play (sudden shifts in balance and weight), sweeping, obstacles, digging etc.

#### **Pre module assessment**

#### **Gross motor skills focus**

### Autumn 2 – 7 weeks

#### Learning Objectives:

- To demonstrate confidence in fine motor skills
- To sit correctly for handwriting and hold a pencil using a tripod grip (ongoing through stages of progress – see policy)

#### Expectation

Gradually introducing and embedding all five '*Finger and hand exercises*' followed by all four '*Pencil Activities*' from *LetterJoin*.

#### Other Activities

Weaving, threading, tweezers, kneading, cutting, play dough, painting, squeezing sponges, water play (syringes & pipettes), puzzles, construction (smaller blocks), sorting etc.

#### **Fine motor skills focus**

### Spring 1 - 7 weeks

#### Learning Objectives:

- To form Circles and Spirals pre-cursive patterns correctly
- To use vocabulary to describe pre-cursive patterns
- To sit correctly for handwriting and hold a pencil using a tripod grip (ongoing through stages of progress – see policy)

### Spring 2 - 6 weeks

#### Learning Objectives:

- To form Lines and Diagonals pre-cursive patterns correctly
- To use vocabulary to describe pre-cursive patterns
- To sit correctly for handwriting and hold a pencil using a tripod grip (ongoing through stages of progress – see policy)

<p><u>Expectation</u> Continue focus on gross and fine motor across the areas, with regular use of '<i>Animal Activities</i>', '<i>Finger and Hand Exercises</i>' and '<i>Pencil Activities</i>' from LetterJoin.</p> <p><b>Lessons 1-5</b> <b>Review</b></p>	<p><u>Expectation</u> Continue focus on gross and fine motor across the areas, with regular use of '<i>Animal Activities</i>', '<i>Finger and Hand Exercises</i>' and '<i>Pencil Activities</i>' from LetterJoin.</p> <p><b>Lessons 6-10</b> <b>Review</b></p>
<p><b>Summer 1 - 5 weeks</b></p> <p><u>Learning Objectives:</u></p> <ul style="list-style-type: none"> <li>• To form Jellies and Zig-zags patterns correctly</li> <li>• To use vocabulary to describe pre-cursive patterns</li> <li>• To sit correctly for handwriting and hold a pencil using a tripod grip (ongoing through stages of progress – see policy)</li> </ul> <p><u>Expectation</u> Continue focus on gross and fine motor across the areas, with regular use of '<i>Animal Activities</i>', '<i>Finger and Hand Exercises</i>' and '<i>Pencil Activities</i>' from LetterJoin.</p> <p><b>Lessons 11-15</b></p>	<p><b>Summer 2 - 7 weeks</b></p> <p><u>Learning Objectives:</u></p> <ul style="list-style-type: none"> <li>• To form Loopies and Waves patterns correctly</li> <li>• To use vocabulary to describe pre-cursive patterns</li> <li>• To sit correctly for handwriting and hold a pencil using a tripod grip (ongoing through stages of progress – see policy)</li> </ul> <p><u>Expectation</u> Continue focus on gross and fine motor across the areas, with regular use of '<i>Animal Activities</i>', '<i>Finger and Hand Exercises</i>' and '<i>Pencil Activities</i>' from LetterJoin.</p> <p><b>Lessons 16-20</b> <b>Post module assessment</b> <b>Review</b></p>