

# **Year 1: Handwriting Programme of Study** (Follow the 'Cursive' lessons which teach precursive)

# Autumn 1 - 7 weeks

### Learning Objectives:

- To demonstrate confidence in gross and fine motor skills
- To sit correctly for handwriting
- To hold a pencil using a tripod grip
- To be able to copy visual cues on a large scale

### Learning Objectives:

- To understand which letters belong to which handwriting families
- To be able to write the letters correctly
- To be able to distinguish between the letters in each family

#### Learning Objectives:

- To understand which letters belong to which handwriting families
- To be able to write the letters correctly
- To be able to distinguish between the letters in each family

# Pre-module assessment

Lessons 1-12

# Autumn 2 – 7 weeks

### Learning Objectives:

- To understand which letters belong to which handwriting families
- To be able to write the letters correctly
- To be able to distinguish between the letters in each family

### Learning Objectives:

- To know that each letter is referred to by its name
- To sit correctly for handwriting and hold a pencil using a tripod grip
- To form capital letters A, B, C, D and E correctly using a pencil and paper
- To recognise the initial capital letters of their names
- To identify capital letters in a sentence

### Learning Objectives:

- To know that each letter is referred to by its name
- To sit correctly for handwriting and hold a pencil using a tripod grip
- To form capital letters F, G, H, I and J correctly using a pencil and paper
- To recognise the initial capital letters of their names
- To identify capital letters in a sentence

#### Lessons 12-25



# Spring 1 - 7 weeks

### Learning Objectives:

- To know that each letter is referred to by its name
- To sit correctly for handwriting and hold a pencil using a tripod grip
- To form capital letters F, G, H, I and J correctly using a pencil and paper
- To recognise the initial capital letters of their names
- To identify capital letters in a sentence

### Learning Objectives:

- To know that each letter is referred to by its name
- To sit correctly for handwriting and hold a pencil using a tripod grip
- To form capital letters F, G, H, I and J correctly using a pencil and paper
- To recognise the initial capital letters of their names
- To identify capital letters in a sentence

### Learning Objectives:

- To know that each letter is referred to by its name
- To sit correctly for handwriting and hold a pencil using a tripod grip
- To form capital letters U, V, W, X, Y and Z correctly using a pencil and paper
- To recognise the initial capital letters of their names
- To identify capital letters in a sentence

### Lessons 26-39

# Spring 2 - 6 weeks

### Learning Objectives:

- To know that each letter is referred to by its name
- To sit correctly for handwriting and hold a pencil using a tripod grip
- To form capital letters U, V, W, X, Y and Z correctly using a pencil and paper
- To recognise the initial capital letters of their names
- To identify capital letters in a sentence

### Learning Objectives:

- To know that each letter is referred to as a sound
- To sit correctly for handwriting and hold a pencil using a tripod grip
- To form the printed letters a, b, c, d and e correctly
- To explore some of the uses of printed letters

### Learning Objectives:

- To know that each letter is referred to as a sound
- To sit correctly for handwriting and hold a pencil using a tripod grip
- To form the printed letters f, g, h, I and j correctly
- To explore some of the uses of printed letters

#### Lessons 40-50



# Summer 1-5 weeks

### **Learning Objectives:**

- To know that each letter is referred to as a sound
- To sit correctly for handwriting and hold a pencil using a tripod grip
- To form the printed letters k, l, m and o correctly
- To explore some of the uses of printed letters

### **Learning Objectives:**

- To know that each letter is referred to as a sound
- To sit correctly for handwriting and hold a pencil using a tripod grip
- To form the printed letters p, q, r, s and t correctly
- To explore some of the uses of printed letters

#### Lessons 51-60

### Summer 2 - 7 weeks

### Learning Objectives:

- To know that each letter is referred to as a sound
- To sit correctly for handwriting and hold a pencil using a tripod grip
- To form the printed letters u, v, w, x, y and z correctly
- To explore some of the uses of printed letters

#### Learning Objectives:

- To know that each number is referred to by its name
- To sit correctly for handwriting and hold a pencil using the tripod grip
- To write the numbers 0-9 and their names correctly
- To know the uses of numbers in written work

#### Learning Objectives:

- To know that each symbol is referred to by its name
- To sit correctly for handwriting and hold a pencil using the tripod grip
- To form punctuation marks and maths symbols correctly
- To know the uses of punctuation marks and maths

### **Learning Objectives:**

- To know that each symbol is referred to by its name
- To sit correctly for handwriting and hold a pencil using the tripod grip
- To form other symbols correctly
- To know the uses of symbols in written work
- To use actions to demonstrate punctuation marks

Lessons 61 – 77

Post module assessment

Lessons 78 - 80